

Kirsten Lamb  
Certified Master Splankna Practitioner  
FINANCIAL POLICY:

<u>Single Session</u>	<b>3-Pack-Prepay</b> (use within 6 weeks)	<b>5-Pack-Prepay</b> (use within 10 weeks)	<b>10 Pack-Prepay</b> (use within 6 months)
<b>60-minutes: \$100</b>	<b>\$285</b>	<b>\$475</b>	<b>\$900</b>
<b>90-minutes: \$150</b>	<b>\$430</b>	<b>\$715</b>	<b>\$1,350</b>

*I highly recommend you come in for 3 sessions within 3-6 weeks if you are new to Splankna or have pressing circumstances. Meeting frequently will be most beneficial as we work together towards your goals. You may experience shifts after the first session, or it may take a few sessions. We will discuss a plan that seems most appropriate to help you reach your goals. However, regardless of how often we meet, you agree to take full responsibility for your self-care in the emotional, mental, physical, and spiritual dimensions of your life between visits.*

My prepay rates enable a focused effort on your goals and change in a short amount of time. Three pack rates are for one person to use within 6 weeks. Five pack sessions for one person to use within 10 weeks, A 10 Pack can be shared between immediate family members and are to be used within six months. **Payments may be paid by Venmo, cash, check, credit card, or cryptocurrency.**

I also arrange Intensive Sessions that range from 3 hours to working together over multiple consecutive days with breaks. Please inquire if you, your spouse, family, or someone you know is in crisis and need intensive work.

**In addition to the session rate, I charge \$30 for house calls.** If we meet somewhere other than my office, this fee will be added. For example, if I travel to your house to see three family members for a total of 4.5 hours, \$480 will be due (\$450 + \$30).

From time to time, you may have a simple question or two after a session. Please feel free to text, email, or call me, and allow me 24 hours to answer.

**CANCELLATION AND MISSED APPOINTMENT POLICY:**

I consider any appointment that you have made with me important. Your appointment is for your exclusive use, and when it is canceled with short notice or missed altogether, it is often too late or impossible to offer this time to someone else, and the appointment time goes unfilled. If you need to reschedule, please call as soon as possible. Any cancellation that occurs within 24 hours of your appointment time is considered a late

cancel. I understand that life is unpredictable, and unforeseen circumstances occasionally arise.

Please read and initial on all the lines below:

- \_\_\_\_\_ The first late cancellation will have no fee.
- \_\_\_\_\_ For a second late cancellation, I will pay 50% of the session fee.
- \_\_\_\_\_ Any further late cancellations, I will pay 100% of the session fee.
- \_\_\_\_\_ If late canceling occurs too often, we may need to reevaluate.
- \_\_\_\_\_ If I do not show for a scheduled appointment without a cancellation call or text, I will be billed for the full fee for the missed session/lose a session from your package.

\_\_\_\_\_ I agree to the posted rate, and I understand the late cancellation policy. If I need to cancel, I will email, call or text Kirsten Lamb within 24 hours or more. In the event that a Late Cancellation or No Show charge is due, I hereby authorize Kirsten to retain the full amount already paid, or agree to make a payment via Venmo within 24 hours of the missed appointment.

#### FORMS OF PAYMENT

Acceptable forms of payment: Venmo preferred, or exact cash/check, credit card, or cryptocurrency.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Pre-paid package \_\_\_\_\_ date purchased \_\_\_\_\_ amount paid \_\_\_\_\_ expires: \_\_\_\_\_