

Kirsten Lamb
Certified Master Splanakna Practitioner

FINANCIAL POLICY:

<u>Single Session</u>	3-Pack-Prepay (use within 6 weeks)	5-Pack-Prepay (use within 10 weeks)	10 Pack-Prepay (use within 6 months)
60-minutes: \$100	\$285	\$475	\$900
90-minutes: \$150	\$430	\$715	\$1,350
2-Hours: \$200	\$570	\$950	\$1,900

I highly recommend you come in for 3 sessions within 3-6 weeks if you are new to Splanakna or have pressing circumstances. Meeting frequently will be most beneficial as we work together towards your goals. You may experience shifts after the first session, or it may take a few sessions. We will discuss a plan that seems most appropriate to help you reach your goals. However, regardless of how often we meet, you agree to take full responsibility for your self-care in the emotional, mental, physical, and spiritual dimensions of your life between visits.

My prepay rates enable a focused effort on your goals and change in a short amount of time. Three pack rates are for one person to use within 6 weeks. Five pack sessions for one person to use within 10 weeks, A 10 Pack can be shared between immediate family members and are to be used within six months. **Any payments must be paid by Venmo, cash, or check.**

I also arrange Intensive Sessions that range from 3 hours to working together over multiple consecutive days with breaks. Please inquire if you, your spouse, family, or someone you know is in crisis and need intensive work.

From time to time, you may have a simple question or two after a session. Please feel free to text, email, or call me, and allow me 24 hours to answer.

CANCELLATION AND MISSED APPOINTMENT POLICY:

I consider any appointment that you have made with me important. Your appointment is for your exclusive use, and when it is canceled with short notice or missed altogether, it is often too late or impossible to offer this time to someone else, and the appointment time goes unfilled. If you need to reschedule, please call as soon as possible. Any cancellation that occurs within 24 hours of your appointment time is considered a late cancel. I understand that life is unpredictable, and unforeseen circumstances occasionally arise.

Please read and initial on all the lines below:

- _____ The first late cancellation will have no fee.
- _____ For a second late cancellation, I will pay 50% of the session fee.
- _____ Any further late cancellations, I will pay 100% of the session fee.
- _____ If late canceling occurs too often, we may need to reevaluate.
- _____ If I do not show for a scheduled appointment without a cancellation call or text, I will be billed for the full fee for the missed session/lose a session from your package.

_____ I agree to the posted rate, and I understand the late cancellation policy. If I need to cancel, I will email, call or text Kirsten Lamb within 24 hours or more. In the event that a Late Cancellation or No Show charge is due, I hereby authorize Kirsten to retain the full amount already paid, or agree to make a payment via Venmo within 24 hours of the missed appointment.

FORMS OF PAYMENT

Acceptable forms of payment: Venmo preferred, or exact cash or check.

Signature _____
Date

Pre-paid package _____ date purchased _____ amount paid _____ expires: _____